

Coronovirus (Covid-19) Update

In December 2019, a new strain of coronavirus (COVID-19) was first identified in Wuhan City, China. This virus has now spread to other countries. The UK Chief Medical Officers have declared the risk to the public to be moderate. The Public Health Agency is regularly updating its information and advice with regard to COVID-19. Please read the latest advice www.publichealth.hscni.net/news/covid-19-coronavirus. If you have recently arrived back from specified areas follow the returning traveller advice.

If your immune system is suppressed due to an underlying condition or treatment please follow the advice of your Doctor.

You can help prevent the spread of infection. The best way to protect yourself and others is:
Wash your hands with soap and water, or use a sanitiser gel, regularly throughout the day.
Catch your cough or sneeze in a tissue, bin it, and wash your hands.

Do not touch your face unless you've washed your hands. Follow the good hand washing and gel use technique from the PHA website.



Currently there is no recommendation to cancel Church services, however please check with individual Church organisations if they are still meeting. We need to take measures to help prevent/ delay the spread of the virus and protect the more vulnerable members of our church. As well as following the PHA recommendations on good hygiene (see above) Carryduff Presbyterian Church will follow these additional recommendations:-

- 1. Suspend handshaking or other direct physical contact.
- 2. Suspend passing around collection plates.
- 3. Suspend tea/coffee after church and the preparation and serving of any food within the church.
- 4. **Ensure good regular cleaning of surfaces people touch regularly**, including such things as door handles, light switches etc.
- Offer phone support rather than visiting in pastoral situations where someone is self isolating or unwell.
- 6. **Follow advice from staff** about visiting patients in hospitals or care homes.